

PLANTS TO READ ABOUT

Strawberry mint: fruity leaf aroma for balcony and herb garden

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AI-created scene based on the original shop photo. Size reference: 12 cm pot · delivery height not specified. Decoration is not included; this is not a product photograph to scale.

Grow with knowledge.

A collection for observation and reference. Detailed explanations to help you make care decisions suited to your plant and its position.

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PLANT PORTRAIT

Mentha (strawberry mint)

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Botanical identification	Mentha (strawberry mint)
Family	Lamiaceae
Origin	Horticultural aroma form of the genus Mentha; the offer does not state a specific species identification
Delivery size	12 cm pot · delivery height not specified
Growth and distinctive feature	Perennial scented mint with small toothed leaves, branching shoots and a tendency to spread; growth height according to the supplier approximately 40-60 cm

Care at a glance

Observe, check and adapt care to the position and season. This table provides guidance for everyday practice.

Topic	What to do	Why it helps
Light	Sun to partial shade, with some protection when the pot heats up.	Light and water consumption must be balanced.
Water	Check the root ball regularly and supply evenly.	Small herb pots dry quickly in warmth.
Soil	Loose nutrient-containing soil with good drainage.	Mint likes moisture but not standing wetness.
Harvest	Cut shoot tips above a leaf pair.	This supports branching growth.
Fertiliser	Moderately during growth and harvesting according to the label.	Repeated new shoots use nutrients.
Runners	Keep separately in a pot where space is limited.	Mint can spread in a bed.
Winter	Position small pots sheltered and guard against drying.	Hardiness in a bed does not protect a free-standing miniature root ball.
Checks	Check leaves for spots and rusty pustules.	Harvest only healthy clean foliage.

Knowledge that grows

A scent name, not a strawberry plant

Gently rubbing the small leaves releases the fruity aroma of strawberry mint. How clearly one recognises strawberry in it is individual and also depends on foliage development. The plant does not produce strawberries and is not a cross with a strawberry plant. The supplier botanically lists it only as *Mentha* species. We therefore keep to the confirmed genus rather than adding an unsupported species. As a mint, it belongs to the Lamiaceae family.

The 12 cm pot starts the herb season

The offered plant grows in a 12 cm pot; no binding delivery height is given. Approximately 40 to 60 cm in the description refers to later growth. A young compact specimen looks smaller accordingly. For longer balcony cultivation, a sufficiently large container with free drainage is worthwhile after settling in. Mint can spread in a bed. Anyone keeping several aroma forms beside one another should label them and give them separate pots so the plantings remain manageable.

Light and moisture must be balanced

Sun to partial shade suit it well. Water demand rises sharply in a very hot small balcony pot; a position with some afternoon shade can be easier there. Use loose nutrient-containing herb or potting soil that retains moisture yet allows water to drain. Mint is not a drought-loving rock-garden plant like some Mediterranean herbs. If shoots become limp at midday, check the root ball. With moist soil, heat protection may initially be more important than further watering.

Harvesting keeps the planting active

Cut healthy shoot tips above a leaf pair rather than constantly plucking only individual lower leaves. This lets the plant branch anew. Leave enough green foliage for recovery. For drinks or desserts, briefly rinse fresh clean leaves and use sparingly to taste. A small addition to fruit, quark or a cool drink is often enough to discover one's aroma preference. Use the securely identified plant offered as edible, not a similar-looking unknown wild plant.

Water, nutrients and renewal in a pot

Water as needed and do not let the root ball repeatedly dry completely. Remove remaining water from an outer pot. During strong growth and regular harvesting, feed moderately according to the label; initially hold back in fresh pre-fertilised soil. A dense old root ball can be rejuvenated by division and fresh soil. Use healthy rooted pieces and care for them carefully after planting. Shoots rooted near the ground and runners also need checking before they conquer neighbouring containers.

Winter rest and healthy new foliage

Strawberry mint is offered as perennial and winter-hardy. Soil in a bed protects the root zone better than a small free-standing pot. Position containers sheltered in winter, insulate the root ball if needed and check for dryness on frost-free days. Dead above-ground shoots in winter rest do not automatically mean the plant is lost. Cut back in spring and wait for new shoots. Rust-coloured pustules or spotted foliage during the season call for checking; do not use affected material as a fresh kitchen ingredient.

Pictures and details

Images and descriptions from this portrait. Decorative items are not included in the offer.



Original shop photo: strawberry mint. 12 cm pot · delivery height not specified. Natural variations are possible.



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Good to know

Do strawberries grow on strawberry mint?

No. The name describes the perceived scent note of the leaves.

Is the plant already 60 cm tall on delivery?

Delivery height is not given. The 40 to 60 cm describes possible later growth.

Can I keep it permanently in the small sale pot?

For a while, yes; strong longer cultivation, however, requires more room and fresh soil for the growing roots.

Has it died in winter when shoots turn brown?

Above-ground dieback can belong to winter dormancy. What matters is a healthy root zone able to shoot again in spring.

The matching offer

[Plant in the shop](#)

Check the shop for the price, current availability and what is included.

[Read the complete portrait in English](#)



English portrait



Shop offer